

Meet Dr. Jennifer Reichel



Dr. Jennifer Reichel is the founder and director of Pacific Dermatology & Cosmetic Center. She is a board certified Dermatologist with postgraduate advanced fellowship training in Mohs Micrographic skin cancer surgery and cosmetic surgery. Dr. Reichel specializes in liposuction, eyelid and facial rejuvenation.

Dr. Reichel attended the University of Colorado for both her undergraduate degree and her doctorate of Medicine. She completed medical school in 1997. She then underwent residency training in Dermatology at the University of Washington followed by a postgraduate fellowship in Mohs skin cancer and cosmetic surgery. Dr. Reichel trained with some of the best eye surgeons (oculoplastics) around the country to advance her skills in eyelid rejuvenation.

“I believe that an all encompassing approach to skin care is the key to radiant, healthy complexions. I like to combine eyelid surgery with laser resurfacing around the eyes to erase the bags, excess skin, and wrinkles all at once. Eyes are one of the most important features of the face. It is amazing how refreshed and natural your face can look after eyelid rejuvenation.”

With a passion for excellence, Dr. Reichel is dedicated to delivering custom-tailored results that are harmonious with patients' goals and proud reflections of Pacific Dermatology & Cosmetic Center.

Dr. Reichel is currently a faculty member of dermatologic surgery at the University of Washington, and continues to teach residents and perform surgery at the Veterans Administration Hospital. Dr. Reichel is active on a national level and is a regular speaker at skin surgery meetings. She has been featured in cosmetic magazines and media as a cosmetic dermatologist. She is a fellow of the American Academy of Dermatology, the American Society of Dermatologic Surgeons, The American College of Mohs Surgeons (ACMS), the American Society for Laser Medicine and Surgery (ASLMS), and Washington Dermatology Societies.

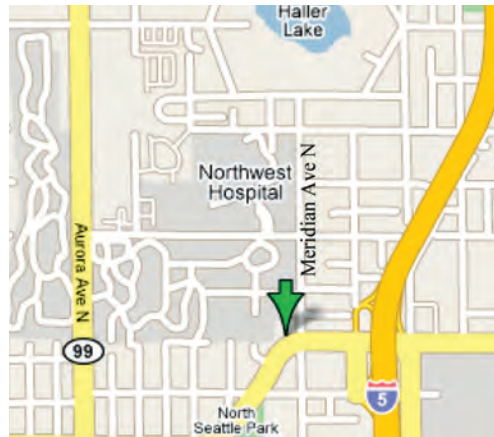
From The North

Take I-5 South
Exit at Northgate Way (Exit 173)
Take Northgate Way westbound ramp
Turn right at Northgate Way
Turn right into parking garage just past Meridian Ave. N.

From The South

Take I-5 North
Exit at Northgate Way (Exit 173)
Turn left on 1st Avenue N.
Turn left on Northgate Way
Turn right into parking garage just past Meridian Ave. N.

Free parking is located under the building



PACIFIC  DERMATOLOGY
& COSMETIC CENTER

11011 MERIDIAN AVENUE N.

SUITE 102

SEATTLE, WA 98133

(206) 859-5777 (888) 547-1177

WWW.PACIFICDERMCENTER.COM

PACIFIC  DERMATOLOGY
& COSMETIC CENTER



*Eyelid
Surgery*

Jennifer Reichel, M.D.

Pacific Dermatology & Cosmetic Center

11011 Meridian Avenue N.

Suite 102

Seattle, WA 98133

(206) 859-5777 (888) 547-1177

www.PacificDermCenter.com

Eyelid Rejuvenation

Sometimes, even after a great night's sleep, it can be hard to feel alive and vibrant when you see those tired, drooping eyes looking back at you from the mirror. The loose skin and wrinkles make you look more tired and older than you feel inside. If this sounds familiar, you're not alone. Each year thousands of women and men choose eyelid surgery to help restore



a more energetic and youthful appearance. Eyelid surgery, or blepharoplasty, can correct sagging eyelids, remove fatty pouches beneath the eyes and remove excess skin from the upper eyelids. Blepharoplasty can be done alone or in conjunction with other procedures such as laser skin resurfacing to rejuvenate the entire face.

Your Consultation

During your initial consultation, Dr. Reichel will discuss your particular condition, your expectations, and the probable outcome of treatment. She may ask you to bring in photos from 10 or 15 years ago to examine at the shape and look of your eyes when you were younger. You will be shown several before and after treatment photographs of patients having similar conditions, and you will receive an explanation of your treatment. Before and after photos may be taken of the area to be treated to document your results. Dr. Reichel is happy to discuss other aspects of face and eye aging and will come up with a plan that offers you tailored rejuvenation treatment.



The Procedure

Dr. Reichel performs eyelid surgery under local anesthesia which avoids the risks associated with general anesthesia. For patient comfort, we also give a light sedative before we begin. Your blepharoplasty procedure will be performed in our AAAHC accredited ambulatory surgery center. Working in an accredited surgery center assures the highest level of patient safety. For upper eyelids, Dr. Reichel places fine incisions in the natural crease above each eye. A thin crescent of excess skin and muscle is then removed. If excess fatty deposits are present, these will also be removed. The incisions are closed with very fine sutures. To remove the fatty deposits beneath the eyes, the incisions are placed just inside the lower eyelid. After the fat is removed, the incision for the lower eyelid is left to heal naturally. When excess skin and muscle need to be removed from the lower lids, the incisions are placed in the natural smile crease below the lashline. The procedure can take between one and two hours, depending on the extent of the surgery.

What about Recovery?

After the surgery, the area around your eyes will be bruised and swollen for about one week. Pain is usually very mild and can be controlled with oral pain medication. For the first few nights, you should keep your head up and will be directed to use cold compresses on your eyes periodically. Antibiotic eye drops or ointment may be prescribed. If you use contact lenses, you will be asked to wear glasses for about two weeks, since the eyelids may be stiff and sore. Make-up may be worn after about seven days. The thin hairline scars which follow the natural contour of the eyelids tend to fade in about two months.

Eyelid surgery is one of Dr. Reichel's favorite procedures. Patients are so happy with the results. Within a few months, you will look rested and youthful. We aim to rejuvenate the eyes and keep a natural look to the face.

If you are considering eyelid or other cosmetic surgery, please call our office to arrange a consultation. We would be happy to address all of your concerns.

Call Pacific Dermatology (206) 859-5777